

Lochside News

April 2017



SLACC Community Plan Update

As it is April, it is now time to review the Community Plan and to look for additions and changes to what is there already. Below is a short summary of the changes proposed so far ... if you have any additional ideas that SLACC could look at, or would like to get involved in a project, please do let us know.

Our email address is: southlochawecc@gmail.com

Broadband : Continue the search for a technical solution, focus on EE masts as opportunity for now

Ardchonnell School and Barr Mhor Wood : These projects have now been taken off our list

Ardchonnell Wood : The valuation has been carried out ; How to translate this to a possible community opportunity?

Defibrillators : Ardbrecknish and Cladich details to be finalised

Open Water Swim: Is it feasible?

Local Promotional Leaflet: Content required and review printing options and timing

Awesome Energy Community Share Offer

The River Avich hydro project by Awesome Energy Dalriada is in the final stages of development and they plan to start building in May 2017. They are currently running a Community Share Offer aiming to raise £400,000 towards the costs of this 350kW, £1.5m project.

The Share Offer is open until 30th April 2017. You can read the prospectus and the business plan at www.awesome-energy.com, and keep up to date with news by registering your interest there, or visiting our Facebook page: 'Awesome Energy Dalriada'.



Janet Lightbown and Inge MacGown are bravely taking on the MoonWalk in Edinburgh in June to raise money for Breast Cancer and will be serving cakes, teas and coffees on

Saturdays from 10 - 4 at Ardbrecknish Boathouse to help in their efforts to raise much needed funds for a brilliant cause.

If any Lochside Neighbours (or others) feel like doing some baking to help out, I'm sure they would be delighted. Please also go along to support them....

Portsonachan Village Hall

Easter Quiz

Saturday 15th April

7.30pm

Entry £10 for team of 4

Teas and Refreshments

Raffle

B.Y.O.B R.O.A.R



**St. James' Church, Ardbrecknish
Church Services**

There will be an Easter Service with Holy Communion taken by the Provost of St. John's Cathedral on Sunday 16 April at 3pm. Visitors are most welcome.

The Portsonachan Community Garden is slowly taking shape. Although the initial clearing was done a while ago and the site roughly turned over, time had to be given to it to drain so that other machinery could be used. The hard landscaping has now been completed thanks to Robert Wilson for his skill, knowledge and time to get this done over the winter for us. The next stage is to get the patio area laid with the raised beds. When a date for this has been finalised - it depends on when the materials come - a call will go out for helpers. After this it will be the planting later in the year but it is hoped to get the project completed by the end of the summer.

If anyone is interested in helping, the Community Garden In Dalmally is creating a willow structure - a tunnel and seating. The planting and workshop will happen on Thursday 27th April from 10am. So if you are interested in learning how to do this please come and help. There may possibly be willows left over for use by helpers.

Taynuilt Medical Practice News

Libby Dodson, our practice nurse, retired at the end of March. In her place we have recruited two new nurses - Sarah Wellburn and Lindsay Dodman. Sarah will be working at Dalmally and Connel, with Lindsay at Taynuilt and Connel. We are delighted to welcome them to our team and wish Libby a long and happy retirement.

Although we have finished our flu jags for this season, we do have a supply of shingles vaccinations which are available to those in certain age groups ie those 70 to 73 years old, or 76 to 79. This is a one off vaccine which reduces your chances of developing shingles by a third. If you do go on to contract shingles, the symptoms will be milder and not last as long. Contact the surgery, or make an appointment with a practice nurse to find out more.

It's that time of year again when thoughts turn to foreign travel. If you are making arrangements to journey to far flung places, please ensure all your immunisations are up to date and that you have malarial cover if needed. Contact the surgery to make an appointment with the travel nurse to discuss your needs, as soon as possible after arranging your holiday. There is a charge of £20.00 for this service. The nurses have the most up to date information on what is needed and it is highly recommended you see them before travelling to exotic destinations.

Please remember that all community pharmacies in Scotland provide the minor ailments scheme. This enables patients to be treated for complaints such as eye infections, coughs and colds, ear ache, hay fever, indigestion, constipation, period pains and more. You can use the minor ailment service if you are registered with a GP in Scotland, you under 16, over 60 or have a condition for which you would not normally pay for a prescription. It is hoped eventually to roll this scheme out to everyone in Scotland who is registered with a GP.

Please remember that patients can be seen at any of our three sites, Connel, Taynuilt or Dalmally. This can be useful if you want to see a particular doctor or want a specific time.

We will be closed over the Easter weekend, Friday 14th and Monday 17th. In an emergency please contact NHS24 on 111.



South Loch Awe-side Community Company

Email:southlochawecc@gmail.com



Lochside Neighbours ...

On Friday 21st April at 7.30pm in Portsonachan Village Hall, Robyn Glendinning from Durran on the Lochside will be giving an insight into her recent and successful studies with an illustrated talk entitled 'Robyn Glendinning: a Year in Design'.

Do come and bring your friends - everyone is welcome and the more the merrier! There will be refreshments afterwards. £2 for visitors

DALMALLY HISTORICAL ASSOCIATION



2017 DESERTED SETTLEMENTS

SUN 23 APRIL 1:45 PROMPT
DALMALLY STATION CAR PARK

Come along and have a drink in *the last Pub* in Glenorchy, see a dwelling in a magical setting, visit a *Wapiti Enclosure* (unique in Scotland) and visit a walled garden settlement.

HOSTS: Billy O'Brien & Davie Cowan



THE DRIVE : sharing cars, we will drive together to Bridge of Orchy and along the forestry road for a few miles.

THE WEATHER : whatever the weather, the walk is on. Wear appropriate clothes.



THE WALK : there isn't a great deal of walking but stout boots or wellingtons are recommended as the ground is irregular.

THE RISK : Please be careful, neither DHA nor the Forestry are responsible for any accidents.

Limited number of places : please reply to email or phone Jenni Beesley 01838 200915

Please do get in touch if there is anything of interest that you would like to see in the next issue of Lochside News.

Email: lochsidenews@gmail.com